



ORKLATEMPO'N 2007

Temporitt 5 km, 10 km og 19 km, Søndag 22.04.2007

Klasse	Dist	Nr	Fornavn	Etternavn	Klubb	Starttid	Innkomst	Sluttid
M10	5km							
		1	TRYM	OLSEN	TVK	13:02	13:12:58	00:10:58
K 11-12	5km							
M 11-12	5km							
		1	HÅKON	GILBERG	IL SVERRE	13:05	13:15:51	00:10:51
		1	THOMAS	EKREN	GAULDAL SK	13:06	13:15:01	00:09:01
K 13-14	10km							
M 13-14	10km							
		1	ANDERS	ODDLI	ORKLA CK	13:13	13:29:57	00:16:57
		2	JON HÅVARD	APPELKVIST	STJ-BLINK	13:12	13:29:15	00:17:15
		3	ANDREAS	EIDSLI	GAULDAL SK	13:11	13:29:26	00:18:26
		4	SIGURD	CLAESSON	IL SVERRE	13:14	13:33:56	00:19:56
		5	SIMEN	KJØRSVIK REINÅS	IL SVERRE	13:10	13:30:33	00:20:33
K 15-16	10KM							
		1	MARTHE	GILBERG	IL SVERRE	13:16	13:36:17	00:20:17
M 15-16	10KM							
		1	KENNETH	OLSEN	TVK	13:21	13:36:15	00:15:15
		2	MARIUS	OLSEN	TVK	13:27	13:42:23	00:15:23
		3	ESPEN ANDREAS	BLOMLIE	TVK	13:30	13:45:30	00:15:30
		4	KRISTIAN	LØBERG	GAULDAL SK	13:31	13:46:39	00:15:39
		5	HÅVARD	DROMNES	TVK	13:33	13:49:01	00:16:01
		6	KENNETH	VOLD	STJ-BLINK	13:22	13:38:06	00:16:06
		7	ANDREAS	SÆTERØY JOHANSEN	STJ-BLINK	13:32	13:48:25	00:16:25
		8	ANDREAS	SKOGSET	TVK	13:23	13:39:56	00:16:56
		9	STURLA	AUNE	GAULDAL SK	13:28	13:44:58	00:16:58
		10	SONDRE	AUNE	GAULDAL SK	13:25	13:42:10	00:17:10
		11	DIDRIK	FLAKNE SCHØNBERG	STJ-BLINK	13:26	13:43:13	00:17:13
		12	THOMAS	LØFSHUS STAVELI	ORKLA CK	13:20	13:37:21	00:17:21
K 17-18	19km							
		1	CECILIE	SÆTERØY JOHANSEN	STJ-BLINK	13:39	14:08:46	00:29:46
		2	MARTE	HØVIK	GAULDAL SK	13:38	14:15:55	00:37:55
M 17-18	19KM							
		1	TOMMY	EVENSEN	TVK	13:49	14:14:24	00:25:24
		2	ALEXANDER	DYBWAD	STJ-BLINK	13:45	14:10:52	00:25:52
		3	MATS	SKOTTVOLL	TVK	13:46	14:13:49	00:27:49
		4	SEBASTIAN	KVÅLSVOLL	GAULDAL SK	13:48	14:17:14	00:29:14
		5	KIM	RAPHAUG	TVK	13:44	14:13:26	00:29:26
		6	JON OLA	BUØY	TVK	13:51	14:21:58	00:30:58
		7	GAUTE	SLETTESTØL	GAULDAL SK	13:50	14:24:04	00:34:04
M 65-69	19KM	1	ASBJØRN	NÆSS	GAULDAL SK	13:53	14:26:39	00:33:39
M 75+	19KM	1	AARSTEIN	BERG	TVK	13:54	14:29:50	00:35:50
M 70-74	19KM	1	ROLF	DRAGSTEN	TVK	13:56	14:29:15	00:33:15
K 30-39	19KM	1	NINA	ODDAN	HEMNE SK	13:58	14:29:14	00:31:14
K 40-49	19KM	1	HEIDI	JØRGENSEN KROKDAL	HEMNE SK	14:00	14:32:25	00:32:25
K 50-54	19KM	1	INGER	REFSNES	TVK	14:02	14:34:58	00:32:58



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Klasse	Dist	Nr	Fornavn	Etternavn	Klubb	Starttid	Innkomst	Sluttid
M 45-49	19KM							
		1	ALF	GRØTTE	TVK	14:10	14:35:47	00:25:47
		2	ATLE	TORJUUL	ORKLA CK	14:09	14:36:13	00:27:13
		3	HANS OLE	STIEN	TVK	14:07	14:35:13	00:28:13
		4	BRAGE	KJØREN	ORKLA CK	14:11	14:40:04	00:29:04
		5	TROND	ALEKSANDERSEN	GAULDAL SK	14:08	14:42:18	00:34:18
M 50-54	19KM							
		1	JAN BIRGER	SOLHEIM	TVK	14:15	14:43:00	00:28:00
		2	ASBJØRN	ANDERSEN	STJ-BLINK	14:17	14:45:12	00:28:12
		3	ØYSTEIN	LORENTSEN	INERØY IL	14:14	14:43:59	00:29:59
		4	PER KRISTIAN	GREVE	ORKLA CK	14:16	14:46:12	00:30:12
		5	JOHN IVAR	MOGSETH	TVK	14:18	14:49:11	00:31:11
M 55-59	19KM							
		1	ØYVIND	SMISTAD	GAULDAL SK	14:23	14:51:21	00:28:21
		2	ODD ERIK	SCHØNBERG	STJ-BLINK	14:22	14:51:50	00:29:50
		3	OLE	HANSEN	TVK	14:21	14:54:24	00:33:24
M 30-39	19KM							
		1	ROGER	SUNDET	CK VICTORIA	14:30	14:55:41	00:25:41
		2	JIM	KJERPESETH	ORKLA CK	14:31	14:58:04	00:27:04
		3	FRODE	THOMASSEN	RANA SK	14:35	15:02:08	00:27:08
		4	DENNIS	FJELLHEIM	TVK	14:32	15:00:22	00:28:22
		5	ROAR	HELGESPLASS	STJ-BLINK	14:28	14:57:04	00:29:04
		6	MORTEN	MELHUS	CK VICTORIA	14:29	14:58:15	00:29:15
		7	KNUT	WANGEN	ORKLA CK	14:33	15:05:16	00:32:16
M 40-44	19KM							
		1	PÅL ERIK	KRANGSÅS	ORKLA CK	14:44	15:08:55	00:24:55
		2	HUGO	STRAND	RANA SK	14:41	15:06:38	00:25:38
		3	GEIR	EVENSEN	TVK	14:43	15:09:15	00:26:15
		4	ALF EGIL	BOGEN	CK KRANK1	14:40	15:07:41	00:27:41
		5	ÅGE	BERG	ORKLA CK	14:42	15:11:11	00:29:11
M SENIOR	19KM							
		1	ESPEN	SKOGLUND	TVK	14:53	15:18:07	00:25:07
		2	JON ØYSTEIN	BERGSETH	SANDNES	14:49	15:14:44	00:25:44
		3	JOHN ERIK	KRANGSÅS	CK VICTORIA	15:00	15:25:45	00:25:45
		4	THOR OLE	VOLD	STJ-BLINK	14:58	15:23:50	00:25:50
		5	JOACHIM	PRESTMO	TVK	14:59	15:24:52	00:25:52
		6	THOMAS	BREMSET	STJ-BLINK	14:50	15:16:00	00:26:00
		7	ARNT OVE	FORDAL	STJ-BLINK	14:56	15:22:01	00:26:01
		8	ESPEN	HALVORSEN BJØRGAN	TVK	14:57	15:23:20	00:26:20
		9	JAN	SÆTHER	TVK	14:51	15:17:35	00:26:35
		10	PER ERLING	ESPNES	STJ-BLINK	14:54	15:20:43	00:26:43
		11	JAN ERLEND	ANDERSEN	ORKLA CK	14:55	15:22:49	00:27:49
		12	OLA	KJØREN	CK VICTORIA	14:52	15:20:01	00:28:01