



# ORKLATEMPO'N 2006

Temporitt 5 km, 10 km og 18 km, Søndag 23.04.2006

Klasse	Dist	Nr	Fornavn	Etternavn	Klubb	Starttid	Innkomst	Sluttid
<b>M 11-12</b>	<b>5km</b>							
		1	ANDERS	ODDLI	ORKLA CK	13:06:00	13:15:28	0:09:28
		2	RUNE	SÆTHER	GAULDAL SK	13:04:00	13:13:50	0:09:50
		3	EVEN S.	EGGAN	STJ-BLINK	13:03:00	13:13:15	0:10:15
		4	MARTIN	SLETTA	GAULDAL SK	13:02:00	13:12:25	0:10:25
		5	MARTIN	SKOGSET	TVK	13:07:00	13:17:46	0:10:46
		6	STIAN	FJÆRAN	TVK	13:05:00	13:17:27	0:12:27
<b>M 13-14</b>	<b>10km</b>							
		1	ANDREAS S.	JOHANSEN	STJ-BLINK	13:20:00	13:37:30	0:17:30
		2	DIDRIK FLAKNE	SCHØNBERG	STJ-BLINK	13:18:00	13:35:52	0:17:52
		3	STURLA	AUNE	GAULDAL SK	13:15:00	13:33:03	0:18:03
		4	MARTIN	LUNDEMO	STJ-BLINK	13:16:00	13:34:16	0:18:16
		5	SONDRE	AUNE	GAULDAL SK	13:19:00	13:37:31	0:18:31
		6	KRISTIAN	VÅRVIK	TVK	13:17:00	13:35:38	0:18:38
		7	JON HÅVARD	APPELKVIST	STJ-BLINK	13:12:00	13:31:55	0:19:55
		8	JØRAN	ANDERSEN	MALVIK	13:13:00	13:33:42	0:20:42
		9	STEFAN	EGGAN	STJ-BLINK	13:14:00	13:38:53	0:24:53
<b>K 15-16</b>	<b>10KM</b>							
		1	MARIT A.	ULSUND	TVK	13:22:00	13:41:41	0:19:41
<b>M 15-16</b>	<b>10KM</b>							
		1	FREDRIK	BLOMLIE	TVK	13:26:00	13:41:26	0:15:26
		2	KRISTOFFER	HEIRSAUNET	IL SVERRE	13:23:00	13:38:55	0:15:55
		3	ALEXANDER	G.HERVIG	SYKKYLVEN	13:25:00	13:41:09	0:16:09
		4	VEGARD	ANTHUN	TVK	13:24:00	13:41:12	0:17:12
		5	GAUTE	SLETTESTØL	GAULDAL SK	13:27:00	13:44:46	0:17:46
		6	ANDREAS	SKOGSET	TVK	13:28:00	13:47:47	0:19:47
<b>M 17-18</b>	<b>19KM</b>							
		1	JOHN ERIK	KRANGSÅS	CK VICTORIA	13:36:00	14:02:09	0:26:09
		2	ESPEN	BJØRGAN	TVK	13:41:00	14:07:13	0:26:13
		3	ALEXANDER	DYBWAD	STJ-BLINK	13:40:00	14:06:26	0:26:26
		4	TOMMY	EVENSEN	TVK	13:43:00	14:09:47	0:26:47
		5	ODDVAR	RØDDENES	STJ-BLINK	13:35:00	14:01:52	0:26:52
		6	KRISTIAN	FORBORD	CK VICTORIA	13:42:00	14:09:14	0:27:14
		7	EINAR	ULSUND	TVK	13:34:00	14:01:43	0:27:43
		8	TOR ODIN	EKLE	STJ-BLINK	13:44:00	14:12:21	0:28:21
		9	MARIUS	KALLAND	SYKKYLVEN	13:38:00	14:06:39	0:28:39
		10	MORTEN	HESTEGREI	GAULDAL SK	13:37:00	14:07:09	0:30:09
		11	KIM	RAPHAUG	TVK	13:39:00	14:10:14	0:31:14
<b>M SENIOR</b>	<b>19KM</b>							
		1	FREDERIK	WILMANN	CK VICTORIA/M	14:21:00	14:44:58	0:23:58
		2	ARNT OVE	FORDAL	STJ-BLINK	13:54:00	14:19:17	0:25:17
		3	JOACHIM	PRESTMO	TVK/SPAREBAN	14:34:00	14:59:52	0:25:52
		4	ESPEN	SKOGLUND	TVK	13:57:00	14:23:08	0:26:08
		5	PER ERLING	ESPENES	STJ-BLINK	13:49:00	14:15:43	0:26:43



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		6	THOR OLE	VOLD	STJ-BLINK	13:52:00	14:18:54	0:26:54
		7	THOMAS	BREMSET	STJ-BLINK	13:50:00	14:16:55	0:26:55
		8	JAN ERLEND	ANDERSEN	ORKLA CK	13:55:00	14:23:18	0:28:18
		9	HÅVARD	FOSSUM	CK VICTORIA	13:53:00	14:21:31	0:28:31
<b>K 30-39</b>	<b>19KM</b>							
		1	ANNE SIGRID	HAUGSET	NAMDAL SK	14:00:00	14:33:14	0:33:14
<b>M 65</b>	<b>19KM</b>							
		1	NILS	KATTEM	TVK	14:05:00	14:37:57	0:32:57
<b>M 75+</b>	<b>19KM</b>							
		1	AARSTEIN	BERG	TVK	14:09:00	14:44:16	0:35:16
<b>M 30</b>	<b>19KM</b>							
		1	EGIL	ANDERSEN	CK VICTORIA	14:20:00	14:44:41	0:24:41
		2	ROGER	SUNDET	CK VICTORIA	14:16:00	14:41:23	0:25:23
		3	JIM	KJERPESETH	ORKLA CK	14:19:00	14:46:48	0:27:48
		4	HELGE	JOHANSEN	ORKLA CK	14:18:00	14:45:49	0:27:49
		5	ÅGE	BERG	ORKLA CK	14:15:00	14:43:38	0:28:38
<b>M 45</b>	<b>19KM</b>							
		1	GEIR	ÅLDSTEDT	CK KRANK1	14:23:00	14:49:10	0:26:10
		2	ATLE	TORJUUL	ORKLA CK	14:24:00	14:51:45	0:27:45
<b>M 50</b>	<b>19KM</b>					14:25:00		
		1	KJELL OVE	RISETH	NAMDAL SK	14:28:00	14:55:59	0:27:59
		2	JARL	SOLLIGÅRD	ORKLA CK	14:27:00	15:00:06	0:33:06
<b>M 55</b>	<b>19KM</b>					14:29:00		
		1	ØYVIND	SMISTAD	GAULDAL SK	14:30:00	14:57:58	0:27:58
		2	ODD ERIK	SCHØNBERG	STJ-BLINK	14:31:00	15:00:37	0:29:37
<b>M 40</b>	<b>19KM</b>							
		1	PÅL ERIK	KRANGSÅS	ORKLA CK	14:39:00	15:03:37	0:24:37
		2	GEIR	EVENSEN	TVK	14:38:00	15:03:41	0:25:41
		3	RUNE	AUNE	CK KRANK1	14:37:00	15:03:35	0:26:35
		4	ROAR	SÆTHER	GAULDAL SK	14:35:00	15:03:17	0:28:17
		5	BRAGE	KJØREN	ORKLA CK	14:36:00	15:04:27	0:28:27
		6	ØYSTEIN	EGGAN	STJ-BLINK	14:40:00	15:14:31	0:34:31