



ORKLATEMPO'N 2011

Temporitt 5 km, 9 km og 20 km, Lørdag 07.05.2011

Klasse	Dist	Nr	Fornavn	Etternavn	Klubb	Starttid	Innkomst	Sluttid
K 10	5km	1	Eirin Vold	Johansen	Gauldal SK	13:03	13:15:29	00:12:29
		1	Ida	Langørgen	Gauldal SK	13:04	13:16:03	00:12:03
M10	5km	1	Aleksander	Knutsen	TVK	13:05	13:17:08	00:12:08
		1	Markus Skreen	Vognild	Oppdal SK	13:06	13:17:40	00:11:40
M 11-12	5km	1	Edvin Grøtan	Eriksen	Gauldal SK	13:12	13:22:04	00:10:04
		2	Erik	Birkeland	Gauldal SK	13:08	13:19:06	00:11:06
		3	Henrik	Einangshaug	Stj-Blink	13:11	13:22:10	00:11:10
		4	Henrik Uv	Værnes	Oppdal SK	13:13	13:24:19	00:11:19
		5	Elias	Tangvik	Gauldal SK	13:09	13:20:45	00:11:45
		6	Andreas	Myrmo	Oppdal SK	13:10	13:22:28	00:12:28
M 13-14	9km	1	Filip	Ekren	Gauldal SK	13:22	13:37:03	00:15:03
		2	Oscar	Otterlei	TVK	13:20	13:35:56	00:15:56
		3	Erik	Ysland	Gauldal SK	13:25	13:41:02	00:16:02
		4	Sebastian	Hedley	TVK	13:18	13:34:24	00:16:24
		5	Lars	Åsrønning	Gauldal SK	13:21	13:37:44	00:16:44
		6	Rasmus Sætran	Bjerkan	TVK	13:23	13:39:45	00:16:45
		7	Jakob	Høvik	Gauldal SK	13:19	13:35:55	00:16:55
		8	Jonas Bogen	Øye	TVK	13:24	13:40:56	00:16:56
		9	Sturla	Barø	Orkla CK	13:26	13:44:07	00:18:07
K 13-14	9km	1	Birgit Vingen	Ekren	Gauldal SK	13:27	13:43:36	00:16:36
K 15-16	9km	1	Trine	Oddli	Orkla CK	13:28	13:44:28	00:16:28
M 15-16	9km	1	Kristian	Aasvold	TVK	13:31	13:44:31	00:13:31
		2	Martin	Carlson	Egge IL	13:34	13:49:01	00:15:01
		3	Håkon	Myrmo	Oppdal SK	13:33	13:49:14	00:16:14
			Sivert Grøtan	Eriksen	Gauldal SK	13:32	DNS	#VERDI!
K SENIOR	20KM	1	Borghild	Løvset	Orkla CK	13:44	14:15:07	00:31:07
		2	Anne-Katrine	Meland	TVK	13:43	14:14:49	00:31:49

M 17-18	20KM	1	Anders	Oddli	Orkla CK	13:49	14:18:27	00:29:27	
		2	Anders Norderhus	Røe	TVK	13:53	14:23:02	00:30:02	
		3	Vegard	Høiseth	Gauldal SK	13:51	14:22:34	00:31:34	
		4	Trond	Langeng	TVK	13:47	14:19:07	00:32:07	
		5	Kristian	Åsrønning	Gauldal SK	13:46	14:20:14	00:34:14	
			Andreas	Eidsli	Gauldal SK	13:48	DNS	#VERDI!	
			Sindre Skjøstad	Lunke	TVK	13:50	DNS	#VERDI!	
			Roger Schei	Bergheim	rollheimen SK	13:52	DNS	#VERDI!	
M SENIOR	20KM	1	Arnt Ove	Fordal	Stj-Blink	14:08	14:35:31	00:27:31	
		2	Are Siljan	Børset	NTNUI	14:07	14:34:58	00:27:58	
		3	Jo	Karstensen	NTNUI	13:56	14:24:02	00:28:02	
		4	Peder	Aune	NTNUI	14:03	14:32:02	00:29:02	
		5	Tor	Bjerkan	Oppdal SK	14:05	14:34:11	00:29:11	
		6	Jan	Sæther	rollheimen SK	14:04	14:33:45	00:29:45	
		7	Steinar	Rasmussen	Stj-Blink	13:58	14:27:50	00:29:50	
		8	Rasmus	Strand	TVK	14:02	14:32:02	00:30:02	
		9	Håvard	Strand	Gauldal SK	13:55	14:25:10	00:30:10	
		10	Marius	Opdal	Gauldal SK	14:01	14:32:11	00:31:11	
		11	Sindre Grimsbø	Persen	Felgen CK	14:00	14:31:19	00:31:19	
		12	Jon Ola	Buøy	CK Victoria	13:54	14:27:07	00:33:07	
			Frode	Jermstad	CK Krank1	13:57	DNS	#VERDI!	
			Nils Jakob Riis	Fløystad	RYE	13:59	DNS	#VERDI!	
			Mats Håkon	Strand	TVK	14:06	DNS	#VERDI!	
VETERANCUP:									
K 40-44	20KM	1	Nina Riise	Oddan	CK Støren	14:12	14:45:11	00:33:11	
K 45-49	20KM	1	Heidi Jørgensen	Krokdal	Hemne SK	14:13	14:46:42	00:33:42	
M 85-90	5km	1	Gunnar	Haaland	Namdalen SK	13:01	13:15:51	00:14:51	
M 60-64	20KM	1	Odd Erik	Schønberg	Stj-Blink	14:16	14:49:25	00:33:25	
M 55-59	20KM	1	Bjørn	Horsberg	Hemne SK	14:22	14:51:48	00:29:48	
		2	Ole Johnny	Søreng	Hemne SK	14:21	14:51:55	00:30:55	
		3	Øystein	Lorentzen	Inderøy IL	14:18	14:48:56	00:30:56	
		4	Asbjørn	Andersen	Stj-Blink	14:20	14:52:38	00:32:38	
		5	Arne	Heier	Ottadalen SK	14:19	14:53:49	00:34:49	
M 50-54	20KM	1	Atle	Torjuul	Orkla CK	14:29	14:59:52	00:30:52	
		2	Pål	Berntsen	TVK	14:28	14:59:53	00:31:53	
		3	Karl Audun	Solli	TVK	14:27	15:00:08	00:33:08	
		4	Per Inge	Andresen	TVK	14:25	14:58:27	00:33:27	
		5	Geir	Mardahl	Orkla CK	14:26	15:00:45	00:34:45	

		Trond Frode	Alexsanderson	Gauldal SK	14:24	DNS	#VERDI!
M 45-49	20KM	1 Hugo Andre	Strand	Rana	14:38	15:05:41	00:27:41
		2 John Rune	Gilberg	CK Victoria	14:36	15:04:52	00:28:52
		3 Geir	Evensen	TVK	14:37	15:06:37	00:29:37
		4 Rune	Aune	TVK	14:35	15:05:11	00:30:11
		5 Brage	Kjøren	Orkla CK	14:34	15:06:13	00:32:13
		6 Jan	Krokdal	Hemne SK	14:33	15:06:40	00:33:40
M 40-44	20KM	1 Gjermund	Hølås	CK Victoria	14:44	15:11:36	00:27:36
		2 Roger	Sundet	CK Victoria	14:43	15:12:12	00:29:12
		3 Einar	Spjøtvoll	CK Victoria	14:40	15:09:54	00:29:54
		4 Åge	Berg	Orkla CK	14:42	15:12:30	00:30:30
		Johnny	Bergsmyr	Orkla CK	14:41	DNS	#VERDI!
M 30-39	20KM	1 Maxim	Golev	CK Victoria	14:57	15:25:53	00:28:53
		2 Åge	Jønsberg	Orkla CK	14:58	15:27:23	00:29:23
		3 Arne Inge	Hangerhagen	CK Victoria	14:54	15:23:30	00:29:30
		4 Kristian	Tokle	Orkla CK	15:01	15:30:54	00:29:54
		5 Øyvind	Eid	TVK	14:53	15:23:35	00:30:35
		6 Christian Adel.	Tangvik	Gauldal SK	14:48	15:18:43	00:30:43
		7 Aleksander Math.	Seifried	TVK	14:59	15:30:20	00:31:20
		8 Thomas	Romundstad	Orkla CK	14:55	15:26:28	00:31:28
		9 Andreas	Berbu	Orkla CK	14:46	15:17:36	00:31:36
		10 Per Joar	Botten	CK Victoria	14:51	15:22:41	00:31:41
		11 Knut Ole	Solligård	Orkla CK	14:49	15:20:47	00:31:47
		12 Kjetil	Værnes	Oppdal SK	14:50	15:22:46	00:32:46
		13 Lars Harald	Sødahl	Hemne SK	14:52	15:24:49	00:32:49
		14 Atle	Olsen	Orkla CK	14:47	15:20:39	00:33:39
		15 Tony	Sandvold	CK Victoria	14:56	DNS	#VERDI!

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